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Time to Link

A. Answer the following questions:

- (1) Kindness is defined as a behaviour marked by ethical characteristics, a pleasant disposition, concern and consideration for others.
- (2) The beautiful kingdom and the people living happily there made the king very proud.
- (3) The travellers said that the lady living in the village was a very kind person.
- (4) The old woman and her husband laid a comfortable bed for the king and the minister.
- (5) The king learnt that kindness is a gift, which anyone can afford to give.

B. Complete the following:

- (1) he thought that since he ruled kindly the people too were loving and kind to one another.
- (2) he is the kindest person.
- (3) tea and some snacks.
- (4) went out and slept under the stars.
- (5) in adversity



Think and Answer

Discuss and answer the following questions:

- (1) In this story we learn that being kind makes a person have stronger relationships.
- (2) Kindness is important because it not only improves

personal life, but also improves the quality of community life.

- (3) If someone does something kind for you, you feel happy and good and are more likely to help out somebody else. So that person replicates the act of kindness.
- (4) One should also be kind to one's own self this keeps up their life-confidence.
- (5) Some ways to show kindness -
 - Say please and thank you.
 - Help someone to carry their bags.
 - Hold the door for someone.
 - Spend time with your grandparents.



Life Skills

Circle the words related to kindness.

HELPFUL	SWEET	COMPASSION
LOVE		COMMUNITY
FIGHTS	HARMONY	
STEALING		MEAN
GENTLE	CONSIDERATE	
RUDE		
GENEROUS		CARING
CRUELTY		THOUGHTLESS



Time to Link

A. Answer the following questions:

- (1) Allana was good in studies and also sports.
- (2) Shyna and Neema did not like Allana because she always gossiped and was disrespectful towards people.
- (3) Jenny was grateful towards Shyna and Neema because she felt happy that they had supported her.
- (4) Allana was making fun of the way the P.E. teacher was walking, when Principal ma'am caught her.
- (5) Principal ma'am said that if you won't respect others, no one will respect you back, no matter what your achievements are.

B. Say True or False:

- (1) False (2) False (3) True (4) True (5) False



Think and Answer

Discuss and answer the following questions:

- (1) In this story we learn that we should always respect others.
- (2) No, it is not necessary to agree. But accepting that every person has their own thoughts and views is a good way to be respectful and build bonds.
- (3) Respectful behaviour is speaking politely, not interrupting others, helping others, saying please and thank you, not publicly correcting and laughing at others.

- (4) People lose respect for a particular person if they are lying, cheating, being unkind, or dishonest are a few main reasons.

- (5) **(To be done by students.)**



Life Skills

Discuss and write three ways you can show respect towards

- Your family -
 - (1) Always apologize
 - (2) Be thankful
 - (3) Lend a helping hand in household chores.
- Your teachers -
 - (1) Pay attention in class
 - (2) Be polite
 - (3) Follow classroom rules
- Your friends -
 - (1) Be polite
 - (2) Be kind
 - (3) Be helpful



Enrich Yourself

Discuss and answer the following questions:

- (1) I will wish my teacher.
- (2) I will wait for my father to finish his conversation.
- (3) I will thank the server.
- (4) I will tell my friends not to laugh and make friends with the new boy.
- (5) I will listen to him.

3

Angels of Healing

Common Good



Time to Link

A. Answer the following questions:

- (1) Common good is that which benefits the society as a whole.
- (2) The public water department, the libraries, schools, public transportation, park etc.
- (3) The actual term of Doctors Without Borders is Medicins Sans Frontiers.
- (4) The main function of the Doctors Without Borders is to provide quality medical facilities to one and all.
- (5) The organisation operates in places that have problems such as natural calamity or man made, like a war.

B. Say True or False:

- (1) False (2) False (3) True (4) True (5) True



Think and Answer

Discuss and answer the following questions:

- (1) From this story we learn to that we all have to do a common good for the benefit of all.
- (2) The two characteristics of common good are, it must be non-excludabl and non-rivalrous.
- (3) Yes, in a joint effort-many people come together and work for one benefit.
- (4) Examples of an individual effort of the common good, one person makes a contribution – like, donating book to the library, give food to the to the poor, etc.
- (5) Working for the benefit of all, saving the Earth is a necessary common good in today's world.

4

The Clean Park

Sense of Social Responsibility



Time to Link

A. Answer the following questions:

- (1) The students of Shastri Public School were going to see the famous gardens and waterfall of Lalpur.
- (2) The students had heard that there were more than 50 varieties and colours of roses growing there.
- (3) The students were disappointed when they saw the garden was littered with waste and was smelling weird. The state of the garden was like an overloaded dustbin.
- (4) The wise principal decided to adopt this garden.
- (5) Social responsibility is the duty of every individual to work and act in a way that is beneficial and helpful to the society at large.

B. Choose the right answer:

- (1) a. think about the society before thinking about yourself.
- (2) a. were disappointed seeing that the garden was such a mess.
- (3) b. about how the students had 'adopted' the garden and made it clean and tidy again.
- (4) a. they cleaned it thoroughly.
- (5) a. social responsibility.



Discuss and answer the following questions:

- (1) From this story we learn that it is the responsibility of every individual to work in a way that benefits the society at large.
- (2) Philanthropic Efforts, Environmental Conservation, Supporting Volunteer Efforts, Diversify and Labour Practices.
- (3) Social responsibility is important because it benefits the society at large.
- (4) Environmental conservation is to conserve the nature for the future generations.
- (5) Philanthropic Efforts means social work which uplifts the lesser fortunate class so that it benefits everybody.



(To be done by students.)



(To be done by students.)

5 The Curious Human Mind Spirit of Enquiry



A. Answer the following questions:

- (1) The attitudes of asking questions, being curious and wanting to know more about something is called spirit of enquiry.
- (2) Man's curiosity has helped mankind and new inventions and discoveries.

- (3) New inventions and discoveries helps to advance in our life and it benefits the society.
- (4) Scientific temper, a great willingness to work hard, and a constantly questioning bent of mind is what keeps the spirit of enquiring alive.
- (5) The future generations can bring about a positive change.

B. Say True or False:

- (1) False (2) True (3) True (4) True (5) False



Discuss and answer the following questions:

- (1) From this essay we learn to be curious so as to know more about a certain thing to understand all its technicalities.
- (2) Curiosity is important because – (i) It makes one's mind active. (ii) It makes one happy. (iii) It boost achievement. (iv) It makes us more knowledgeable.
- (3) Some simple ways to enhance curiosity are like reading a book, travelling, learning about new cultures, try new food, visiting a museum.
- (4) What, how, when, and why are some questions to ask while conducting an experiment.
- (5) To become a good thinker, one has to be curious, resourceful and should work as a team or jointly.



(To be done by students.)



(To be done by students.)

6

The Faithful Dog

Faithfulness



Time to Link

A. Answer the following questions:

- (1) The farmer got the dog guard his large farm, cattle shed, hen houses and a large shed for other animals.
- (2) The dog was extremely loyal to its master.
- (3) The dog had become old and the farmer had lost most of his fields. So he thought as what use the dog was to him so, he decided to get rid of the dog.
- (4) The farmer decide to kill the dog by hitting the dog with an oar.
- (5) The farmer changed his mind because the dog had saved him.

B. Say True or False:

- (1) False (2) True (3) False (4) True (5) False



Think and Answer

Discuss and answer the following questions:

- (1) In this story we learnt about faithfulness keeps a person sincere and true.
- (2) Some qualities in a faithful person – loyal, genuine and honest.
- (3) A faithful person is appreciated because they are honest and trust worthy.
- (4) Faith builds trust.
- (5) Yes, a faithful person is sincere.



Life Skills

(To be done by students.)



Enrich Yourself

Unscramble the words to find synonyms of faithfulness.

- (1) FAITHFUL
- (2) TRUENESS
- (3) LOYALTY
- (4) CONSTANCY
- (5) DEDICATION



Time to Apply

(To be done by students.)

7

Beautiful India

National Integration



Time to Link

A. Answer the following questions:

- (1) National Integration is the awareness of a common identity amongst people belonging to the same nation.
- (2) National Integration develops in a large country like India because of bond between the citizens despite of the varied diversities.
- (3) There is a lot of unity amongs the people. National integration has been a vital feeling in India, this has bond together the people of India.

- (4) Despite having so much diversity, Indians have managed to keep the patriotism and love for their nation uppermost. Indians take pride in being Indians first. Being Indian means that the India identity is strengthened.
- (5) Some diversities in India are – Religion, caste, language, geographical, cultural, etc.

B. Say True or False:

- (1) True (2) False (3) True (4) False (5) True



Think and Answer

Discuss and answer the following questions:

- (1) From this story we learn that national integration is of utmost importance to bring about peace and development of the country.
- (2) Divisive forces threatens national integration.
- (3) National integration aims at bringing together the different races and religions that exist in a country.
- (4) Peace, prosperity and development are some of the benefits of national integration.
- (5) Yes, national integration is an important concept for all countries.



Life Skills

(To be done by students.)



Enrich Yourself

(To be done by students.)

8

The Right Time

Proper Utilization of Time



Time to Link

A. Answer the following questions:

- (1) Sushant had utilized his time well. Instead of just studying, he had added to his knowledge by reading more about the subject.
- (2) Some important steps to utilise time properly – (i) Plan the day (ii) Create a routine (iii) Don't procrastinate (iv) Learn to prioritise (v) Set a time limit (vi) Take help when needed.
- (3) Procrastination is a habit of putting things off until tomorrow what can be done today.
- (4) Procrastinating attitude can be overcome by breaking down the task into smaller easily achievable goals when we feel the task is big.
- (5) Prioritising helps in proper utilisation of time as it helps to decide what is to be done first in order of importance.

B. Fill in the blanks:

- (1) habit (2) Procrastination (3) Prioritising
(4) organised (5) time



Think and Answer

Discuss and answer the following questions:

- (1) From this story we learn that time has to be utilized wisely to gain great benefits and achieve success.
- (2) Benefits of utilizing time well – (i) Makes you a more organised person. (ii) It gives you a lot of free time. (iii) It lowers stress as work is done well in time.

- (3) A person can plan their day by charting and timing each task to be done.
- (4) Time management teaches and builds self-discipline.
- (5) Utilizing time well lowers stress.



Life Skills

(To be done by students.)



Enrich Yourself

(To be done by students.)



Time to Link

A. Answer the following questions:

- (1) Here the farmer is only sending his two sons to school and the daughter is at home helping her mother.
- (2) Tony and his father help mother by making dinner.
- (3) Things can be made better for Adil by providing him with the accessibilities he would require.
- (4) Yes, it is fair for ladies to be pilots as there is equality for them.
- (5) There are leading the country into a bright new era, where no lady is considered lower than a man.

B. Say True or False:

- (1) False (2) False (3) True (4) True (5) True



Discuss and answer the following questions:

- (1) From this chapter we learn that each individual should be given their fundamental and basic rights of equality so that the country can progress.
- (2) Each human has their basic fundamental rights. There are called human rights.
- (3) The basics that are covered by human rights are food, education, liberty, security, gender equality, and religious beliefs.
- (4) Equality is also known as being inclusive to everyone.
- (5) When a community and country treats everyone equally there is a lot of progress.



(To be done by students.)



Time to Link

A. Answer the following questions:

- (1) Purity in public life means when a person holds on to his or her own values and a good code of conduct despite what others say or feel.
- (2) The younger monk upset because the older monk had carried the lady on his back across the river.
- (3) The older monk told the younger monk that, he had left the women on the bank of the river a long time ago. But the young monk was still carrying her. Older monk said that, his aim was to help others stay happy.
- (4) Yohan started stealing money to keep up his lifestyle.
- (5) Yohan should have not stolen money from his mother, grandmother and friends.

B. Choose the right answer:

- (1) b. to be true to oneself.
- (2) a. because he believed it was his duty.
- (3) a. the older monk carried the woman across the river.
- (4) b. he wanted to show off to his new friends.
- (5) a. be honest, disciplined and maintain one's beliefs even when others criticize them.



Think and Answer

Discuss and answer the following questions:

- (1) From this chapter we learn to be true to ourselves.
- (2) Staying true to one's values proves a person's integrity.

- (3) Responsible world citizens are those who stand up against any inhumanity or inequality in the world.
- (4) Many people watch movies and copy them. Hence, it betters the society as a whole.
- (5) Powerful people who are pure in their public life ensures that others are given good chances to grow.



Life Skills

What will you do in the following situation?

- Your friends try to force you to go for a movie, but you know it's not permitted at home. - **I will tell my friends politely that my parents will not allow me to go for the movie.**
- You are at a school picnic at a beautiful scenic place. After eating, everyone is throwing the paper plates around. - **I will tell them not to litter the place and use the dustbins provided to throw the plates.**
- You see that one boy is hitting a dog on the street. - **I will tell the boy to stop hitting the dog.**
- You notice that your house help only sends her son to school and makes her daughter help her in the daily work. - **I will asked her to educate her daughter as well and explain her the importance of education.**



Enrich Yourself

(To be done by students.)



Time to Apply

Write which values must a person have to be pure in public life:

1. Integrity
2. Compassion
3. **Honesty**
4. **Transparency**
5. **Discipline**



Time to Link

A. Answer the following questions:

- (1) Discipline is a way of behaviour that means obedience to the rules and regulations around. .
- (2) Ajay was putting on weight as he was over eating.
- (3) Ajay understood the importance of discipline after he became unwell and visited a doctor .
- (4) The doctor explain to Ajay to follow a well-charted diet and exercise.
- (5) The society, community, community functions are the different places where one must be discipline

B. Say True or False:

- (1) False (2) True (3) True (4) True (5) True



Think and Answer

Discuss and answer the following questions:

- (1) From this story we learn about discipline and its importance in attaining success.
- (2) Discipline is important as it helps in increasing focus, improves mental health, helps in staying active, better time management, etc.
- (3) When a person is disciplined, it helps the person to be healthier, happier and more balanced.
- (4) Discipline is needed in all walks of life.

- (5) Being disciplined in school is very important for students because education is not completed without discipline. It helps students to pay attention to their teachers carefully and also helps them to understand what is taught.



Enrich Yourself

Write down the changes John needs to make to be a disciplined person.

- John should wake up as soon as the alarm clock rings.
- John should keep his uniform ironed and ready to be worn the next day.
- John should tidy his room everyday after returning from school.
- John needs to be punctual to school.
- John should learn to eat his food in a disciplined manner.
- John should be responsible for himself and cross the road only when the signal shows green.



Time to Link

A. Answer the following questions:

- (1) The students were busy preparing for the science inter-school competition.
- (2) Ravi and Ruhi were proud because many times in the past they had competed in such inter-school competitions and won.
- (3) Ravi and Ruhi understood the value of good manners.
- (4) Good manners are important as it makes a good impression on others in our everyday life.
- (5) No, Ravi and Ruhi were not fair to others.
Yes, Noori and Aarnav were fair to others.

B. Say True or False:

- (1) False (2) False (3) False (4) True (5) True



Think and Answer

Discuss and answer the following questions:

- (1) From this story we learn to be polite, humble and kind toward people.
- (2) Good manners are important to make a good impression on others in everyday life.
- (3)
 - (i) Always send a R.S.V.P. (Reply)
 - (ii) Arrive in time.
 - (iii) Never bring someone with you who was not invited.
 - (iv) Bring a gift for the host.

- (4) Being well mannered creates a good impression this improves personal and professional life.
- (5) Good manners create a good impression, as it demonstrate to others that you value their effort, through, generosity.



Life Skills

(To be done by students.)



Enrich Yourself

(To be done by students.)